

Tae Kwon Do

This self-defense program for ages 5 and over will teach discipline, focus, endurance and flexibility. Master Tom Malone will help you achieve awesome kicks, punches and strikes while getting in shape. *Registration deadline is one week prior to the session.*

311002-A: Tuesdays, January 9-February 20 (no class 1/23)

311002-B: Tuesdays, February 27-April 30 (no class 3/5, 3/26, 4/2, 4/16)

Time: 6:15-7 p.m.

Location: Davis Community Center (Meadowbrook School)
5430 Glenwood Ave N, Golden Valley

Fee: \$94 Residents of New Hope, Crystal, Golden Valley,
Robbinsdale and St. Louis Park
\$101 Nonresidents



Register with: New Hope Parks and Recreation
4401 Xylon Ave N
New Hope, MN 55428
763-531-5151



Facebook.com/newhoperecreation

Online Registration... Go to webtrac.nhrecexpress.com

Refunds, program credits and transfers are allowed up to one week before the start of the program. In the event of an illness or injury, refunds may be given after the deadline. A doctor's written verification is required. All refunds are subject to a \$5 service fee. Confirmations are not sent. Payment by check authorizes the city to use information from your check to make a one-time electronic fund transfer from your account or to process the payment as a check transaction. Phone registrations accepted with a major credit card.

Tae Kwon Do—Winter 2024

Name _____ Phone (s) _____

Address _____ City _____ Zip _____

Birthdate _____ Age _____ Special Needs? _____

Email Address _____ Parent/Guardian _____

Activity/Course _____ Amount Enclosed \$ _____

I, the undersigned parent or guardian, authorize the City of New Hope to disclose to the City's insurer, attorney, staff, and other personnel involved in this program, the participant's name, address and telephone number for the purpose of program administration. I understand that the records are protected under state and federal privacy regulations and cannot be disclosed without my written consent unless otherwise provided by law. I hereby agree to allow the individual named herein to participate in the aforementioned activity, and further agree to hold the City harmless for any claim resulting from participation in this activity. I further give consent for any photos or videos taken during the event to be used by the city in promotional materials.

Parent/Guardian Signature _____ Date _____

Am Ex/Discover/MC/Visa # _____ Exp Date _____ Security Code _____